

# NEWSLETTER

## TEWANTIN NOOSA PROBUS CLUB



### PRESIDENT'S MESSAGE FOR AUGUST 2025



Hi Everyone,

Welcome to another edition of fun, food, and happy friendships. Two standout lunches were the Noosa Culinary School and Christmas in July at the Cooroy RSL where we were spoiled with plenty. Doggy bags for most of us. We ended the month eating like Italians at Trattoria Benati. August started with Sunday lunch at Grenny's, on Gympie Terrace.

Check August Happenings and look out for changes from earlier. 14 August is lunch at Alfresco Garden Café near Eumundi.

The Gympie Rattler train trip is now booked for Wednesday 20<sup>th</sup>. Ask for a senior's discount (\$5) when you book your ticket and say you are with the Tewantin Probus group. Phone directly to Gympie Rattler. A bus is being considered to get us there and back, at extra cost but the more who choose it the less per person. Joan is doing an amazing job, as usual, trying to work miracles. Watch for her updates.

Mary has given us some great speakers. We enjoyed learning from lovely Amy about Life Flight and how the helicopter medical team works to save lives. Based at the Maroochydore Airport, it helps patients from Sunshine Coast to South Burnett but can extend much further. The crew have designated jobs which together make a very professional team. The interior is set up like an I C U hospital unit, with team members who excel in their roles. Over 600 people were treated in 2024 for emergencies, natural disasters, urgent medical evacuations, road accidents and more. We were pleased to donate \$200 from our account and another \$250 plus from a whip around.

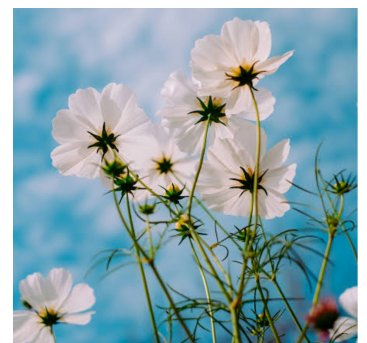
Our next speaker will be Nick Parkyn who will be speaking about Tewantin and Noosa history as his surname is on many signs thanks to his pioneering heritage. It sounds very interesting. You may remember his informative talk on Hearing and aids. Nick's expertise.

We are very happy to welcome two new faces, Dolly and Mickey, who are looking forward to joining us and having fun at our outings, already a Meeting and Italian lunch under their belts.

Lyn reminds all theatre goers of 30 August "Shorts on Stage" and asks for Numbers and Payments please to make the bookings. Who is lunching at Izzy Chai pre -Theatre?

We send our happy healing energy to those not well and wish them a smooth recovery. Enjoy the Sun's wonderful warmth to ease your painful parts.

Have a fabulous month. Happy Days, Joy.



## Weekly and Bi Weekly Happenings

Tuesdays and Thursdays     **Walks by the River** followed by morning tea/coffee.  
Meet near the Yacht Club at 9.00am.  
Stroll by the river at your own pace. If you don't feel like walking, you are welcome to join us, just for morning tea/coffee and a chat.  
Co-Ordinators: Rhoda 0429 997 651 and Pam 0400 798 730



Fridays 9.30 to 12.30     **Mah-Jong** for experienced players.  
\$5.00 p.p. includes morning tea/coffee/protein bars.

Wednesdays 1.00 to 3.30     **Mah-jong and Rummikub.** Beginners are welcome.  
Free Lessons available. All equipment supplied.  
All Mah-Jong and Rummikub games are currently held at 8 Tallgrass, Avenue, Tewantin – 2 mins from Noosa Golf Course. Co-ordinator: Joan 0419 670 771

## Monthly Happenings

2<sup>nd</sup> Tuesdays 10.00 a.m.     **Movie Mornings**  
Movies are advised one week prior.  
Co-Ordinators: June 0413 002 647 and Brenda 0406 639 274.

4<sup>th</sup> Tuesdays 10 for 10.30     **Probus General Meetings** at the RSL, Tewantin  
\$6.00 covers morning tea, room hire, insurance etc.  
Most members stay on for lunch in Flame, formerly the Bistro. Seniors Meals from \$14.00.

**AUGUST 2025 HAPPENINGS** as approved by the Management Committee meeting 3/6/25. All venues have been vetted for suitability, safety and cost. Carpooling is available to most venues. Joan 0419 670 771

Sunday 3 <sup>rd</sup> at 12 o'clock	Lunch at Grenny's, 197 Gympie Terrace, Noosaville. Great Menu at affordable prices. No BYO at weekends. Joan 0419 670 771.
Wednesday 6 <sup>th</sup>	Bus trip to Brisbane has been cancelled.
Thursday 7 <sup>th</sup> 10 o'clock	Coffee Morning at Grind Café, 255 Gympie Terrace, Noosaville. All day breakfasts from \$10. Great Coffee. Lyn 0409 006 769.
Sunday 10 <sup>th</sup> 12.30. Later start because of Courtesy Bus Timetable.	Lunch at The Sunshine Beach Surf Club. Courtesy buses available on Sundays from the Noosa Transit Centre or the NYRC. Many choices at affordable prices. Joan 0419 670 771
Tuesday 12 <sup>th</sup>	Movie morning. Movies and times tba one week prior. June 0413 002 647 or Brenda 0406 639 274.
Thursday 14 <sup>th</sup> 12.00. p.m.	Lunch at Alfresco Garden Café, 1381 Eumundi Noosa Road next to The Flower Pot men. Seniors lunches are \$24 for a toasted Turkish sandwich or \$30 of a Main (6 choices). Both options include a glass of house wine, beer, soft drink, tea or coffee. Joan 0419 670 771,
Sunday 17 <sup>th</sup> 12.30 p.m.	Lunch at Leela Indian Restaurant, 8/81 Noosa Drive, Noosa Junction. Parking under building, corner of Sunshine Beach Road. Great meals from \$15. Licensed. Joan 0419 670 771
Wednesday 20 <sup>th</sup> 7.00 a.m. returning 4 o'clock	The Classic Rattler Run departing Gympie Railway Station at 9 o'clock, returning around 12 o'clock for lunch at the Rusty Rails Café. Concession tickets \$64. Lunch and transport own expense. Joan 0419 670 771
Tuesday, 26 <sup>th</sup> 10 for 10.30	Probus General Meeting at Tewantin Noosa RSL. Morning Tea at 10.00 followed by Guest Speaker at 10.30. Optional Lunch in Flame. Seniors Meals from \$15.00 or order from Poppies Café. Meeting apologies to Judy on 0417 349 682.
Saturday 30 <sup>th</sup> 12.15 p.m. 2.00 p.m. Matinee	Lunch at Izzy Chai. All Members and Friends welcome.  "Shorts on Stage" at the Noosa Arts Theatre. \$25 per ticket.  For both Lunch & Theatre bookings Lyn 0409 006 769



**September, 2025 Happenings as approved by the Management Committee Meeting at its Meeting on July 1st, 2025.**

<b>Thursday 4<sup>th</sup> 10 o'clock</b>	Coffee Morning at Café VinCino in the private room overlooking the river at Noosa Marina. Great coffee, affordable food with lots of choices. Plenty of parking. Lyn 0409 006 769
<b>Sunday 7<sup>th</sup> 12 o'clock</b>	Fine Dining at Sardo Noosa, 4 Thomas Street, Noosaville, where Frenchie's used to be. Great menu at fine dining prices but there are small meals for under \$30. An opportunity to stretch your taste buds. Joan 0419 670 771
<b>Thursday 11<sup>th</sup> 12 o'clock N.B. New date.</b>	Lunch at Secrets on the Lake, Baroon Pocket Dam, Montville. Mains \$30 to \$40 and desserts \$14 to \$18 for a la carte menu. Carpooling looking good. Joan 0419 670 771
<b>Sunday 14<sup>th</sup> 12 o'clock</b>	Lunch at the Chinese Restaurant at The Noosa Lawns (Bowls) Club. Lots of choices to suit all budgets. Sharing dishes highly recommended. Joan 0419 670 771.
<b>Thursday 18<sup>th</sup> 10 o'clock 12 o'clock ish</b>	Mini Golf at 25 Goldberg Court, Noosaville. now, the Noosa Hills Golf Course formerly the Par 3. Followed by an optional lunch at Café Doonan. All day menu with lots of choices. Join us for lunch only around 12 o'clock if you wish. Joan 0419 670 771
<b>Saturday 20<sup>th</sup> 12 o'clock</b>	Lunch at the Cooroy Hotel, 38 Maple Street, Cooroy, away from the hustle and bustle of the school holiday crowds. Generous meals with lots of choices at affordable prices. Joan 0419 670 771
<b>Tuesday 23<sup>rd</sup> 10 for 10.30</b>	Probus General Meeting at Tewantin Noosa RSL. Morning tea at 10 o'clock followed by the Guest Speaker at 10.30. Then, a short general meeting followed by lunch (optional) in Flame.





## AUGUST BIRTHDAYS

**Dorothy T.  
Bea**



### RECIPE

#### BBQ Spare Ribs

Serves 6

- 500g pork spare ribs
- Cooking spray
- 375ml BBQ sauce
- 1 tbs. Gourmet Garden Ginger paste

#### Method

Place ribs into a large saucepan, cover with water and bring to the boil. Reduce heat and simmer for 10 minutes until cooked. Drain and place on a lightly oiled baking tray. Mix together sauce and ginger before generously coating the ribs. Bake in a preheated oven 170C for 20 minutes, turn once or until brown and sticky.





Amy gave us an interesting and informative presentation of LIFE FLIGHT.



Lunch at Noosa Junction Culinary School



## CALENDAR EVENTS



CALENDAR OF EVENTS				AUGUST 2025		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					9.30am Mah-jong	
3	4	5	6	7	8	9
12.00pm Lunch Grenny's Rest. Gympie Terrace Noosaville		9.00am Walks by the River	1.00pm Mah-jong & Rummikub	9.00am Walks by the River 10.00am Coffee Morning Grind Café Gympie Terr. Noosaville	9.30am Mah-jong	
10	11	12	13	14	15	16
12.00pm Lunch The Sunshine Beach Surf Club		9.00am Walks by the River Movie Morning	1.00pm Mah-jong & Rummikub	9.00am Walks by the River 12.00pm Lunch Alfresco Garden Centre Eumundi	9.30am Mah-jong	
17	18	19	20	21	22	23
12.30pm Lunch Leela Indian Rest. Noosa Junction		9.00am Walks by the River	9.00am The Classic Rattler Run Gympie Station 1.00pm Mah-jong & Rummikub	9.00am Walks by the River	9.30am Mah-jong	
24	25	26	27	28	29	30
		9.00am Walks by the River 10.00 for 10.30am General Meeting	1.00pm Mah-jong & Rummikub	9.00am Walks by the River	9.30am Mah-jong	12.15pm Lunch Izzy Chai 2.00pm Theatre Shorts on Stage
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CALENDAR OF EVENTS				SEPTEMBER 2025		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
		9.00am Walks by the River 10.00 am Committee Meeting	1.00pm Mah-jong & Rummikub	9.00am Walks by the River 10.00am Coffee Morning Cafe VinCino Noosa Marina	9.30am Mah-jong	
7	8	9	10	11	12	13
12.00pm Lunch Sardo Noosa Noosaville		9.00am Walks by the River Movie Morning	1.00pm Mah-jong & Rummikub	9.00am Walks by the River 12.00pm Lunch Secrets on the Lake Montville		
14	15	16	17	18	19	20
12.00pm Lunch Chinese Restaurant Noosa Lawns Bowls Club		9.00am Walks by the River	1.00pm Mah-jong & Rummikub	9.00am Walks by the River 10.00am Mini Golf Noosa Hills Golf Course Goldburg Court Noosaville 12.00pm (Approx) Lunch Café Doonan	9.30am Mah-jong	12.00pm Lunch Cooroy Hotel Maple St Cooroy
21	22	23	24	25	26	27
		9.00am Walks by the River 10.00 for 10.30am General Meeting	1.00pm Mah-jong & Rummikub	9.00am Walks by the River	9.30am Mah-jong	
28	29	30				
		9.00am Walks by the River 10.00am Committee Meeting				